Week of UPPER GWYNEDD July 22 CAFÉ

July Specials

Grill Crispy Stuffed Spinach & Provolone Portobello

Burger **6.47**

Deli Grilled Chicken, Black Bean Corn Salsa,

Guacamole, Wrap 6.16

Peach Slaw, Yogurt, Ginger, Mint, Cabbage, Red Onion Fuel, **AG**, **V**



T – Verlasso Salmon Poke

9.00

W - Outdoor BBQ

7.99

Th - Grilled Steak Salad

9.00

EXPLORE IT

Thursday at the Action Station



Stuffed Portobello Burgers

ALL MONTHGrill

Grill Station

Have a food allergy? Please notify someone on the FLIK team.

Fuel = Better For You, AG = Avoiding Gluten, V+ = Vegan, V = Vegetarian, FF = Functional Food

Food by FLIK

M	Creamy Broccoli Soup		2.07
	Chipotle BBQ Spiced Chicken Fuel Black Bean Sofrito Fuel, AG, V+ Grilled Asparagus Fuel, AG, V+		5.79
			1.24
			1.24
	Pizza	BBQ Chicken Cheddar	2.43
	Culinary Theatre	Summer Steamer Bowls	7.99
	Global	Beef Bulgogi Bowls	7.99
T	Southwest Tortilla Soup		2.07
	Taco Tuesday Street Food		
	Chicken Tinga Fuel, AG/ Beef Barbacoa Elote Mexican Street Corn V		6.62 1.24
	Fajita Vegetables Fuel, AG, V+		1.24
	Pizza	Ham Pinagapla	2.43
	Culinary Theatre	Ham Pineapple Chicken Teriyaki	7.99
	Global	Beef Bulgogi Bowls	7.99
\/\	Garden Vegetab		2.07
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	Raspberry Roasted Salmon Fuel AG Steamed Lemon Dill Creamer Potatoes Fuel, AG, V Braised Swiss Chard V+		6.62 1.24 1.24
	Pizza	Greek Chicken, Olives, Feta, Spinach	2.43
	Culinary Theatre Global	Coca-Cola Braised Skirt Steak	7.99 7.99
	Global	Beef Bulgogi Bowls	7.97
Th	Tomato Basil Bisque V		2.07
	CAFÉ THOMPSON: Turkey Milanese, Heirloom Tomato Salad,		I .
	Green Goddess Dressing		5.79
	Steamed Jasmine Rice Fuel. AG, V+		1.24
	Steamed Broccolini Fuel, AG, V+		1.24
	Pizza	Crispy BBQ Chicken, Pickled Red Onion	2.43
	Culinary Theatre	Shrimp Po' boy	7.99
	Global	Beef Bulgogi Bowls	7.99
F	Lemon Chicken Orzo Soup		2.07
	Honey Rosemary Roasted Chicken Fuel		4.81
	Wild Rice Fuel, AG		1.24
	Zucchini Cakes Fuel		1.24
	Pizza Grilled Chicken, Roasted Broccoli		2.43